



# Spring Term 2026 Newsletter

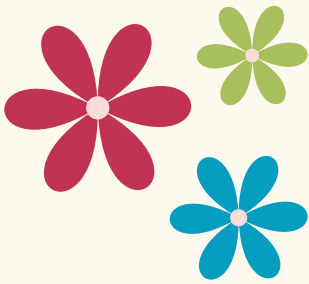
## **Welcome to the Spring Term Newsletter!**

This term has been alive with energy across all our academies, from exciting trips and impressive sporting achievements to the colourful celebrations of World Book Day and the curiosity sparked during Science Week. Curiosity and Creativity has been thriving in every corner of our Trust, reflecting our shared commitment to Empowering Through Education.

We are excited to share these moments with you and celebrate the fantastic efforts of our pupils and staff this spring.

Claire Beardsall  
Executive Assistant and Governance Professional





## **History Stone Age Workshop at Ambleside Academy**

Year 3 had an absolutely thrilling time stepping back thousands of years into the Stone Age! From the moment the workshop began, the children were immersed in a day packed with hands-on activities and fascinating discoveries.

They unleashed their creativity with cave painting, tried their aim with archery, and explored a collection of real bones to compare and examine. One of the most exciting parts of the day was trying out simple tool-making – the children were amazed to learn how early humans crafted useful items with just the basics!

And of course, the highlight for many was dressing up in Palaeolithic costumes. Seeing themselves as Stone Age people really brought history to life and sparked lots of imaginative conversations.

The day was bursting with curiosity, excitement, and plenty of “wow!” moments – a fantastic blend of fun and learning for our Year 3 historians.



## **Ambleside Academy Scientist Caves Trip**

Year 3 also had an unforgettable enrichment adventure during their visit to the Nottingham City of Caves! As they ventured through the dark, twisting tunnels beneath the city, the children were buzzing with excitement, imagining what life was like for the people who once lived and worked underground.

During a hands-on workshop, they explored and sorted different types of rocks, discovering how each one is formed and why they were so important in the past. Every activity sparked curiosity and plenty of wide-eyed “wow!” moments.

The trip brought both history and geology to life in a vivid and memorable way – a fantastic experience the children won’t soon forget!

## Personal Development at Ambleside Academy

We are incredibly lucky to have Sarah working with us twice a week through our Allotment Education programme. Allotment Education is a therapeutic and educational approach that teaches children and young people how to grow their own food. It also helps them understand how being outdoors and gardening can have a positive impact on their mood and wellbeing.

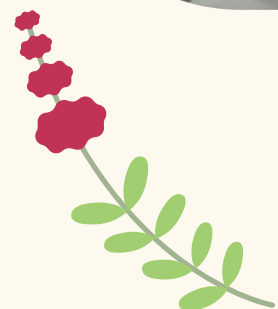
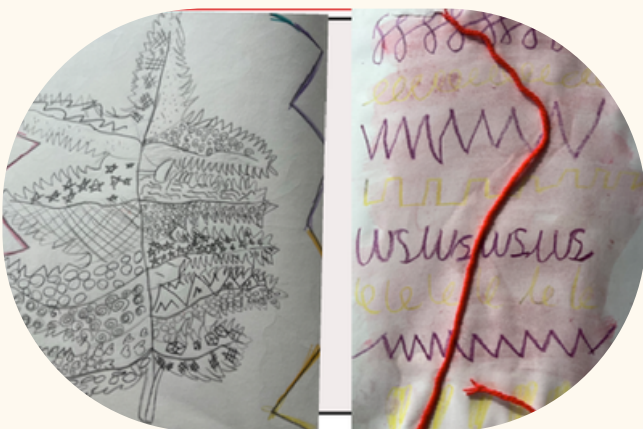
Each week, children take part in hands-on gardening sessions where they learn how to grow and care for plants, explore the science behind nature, and enjoy time outside. While doing this, they also develop important life skills such as teamwork, resilience, problem-solving and confidence.

Allotment Education is an important part of our Personal Development and pastoral offer. We see huge benefits for children who experience anxiety, low mood, or difficulties with emotional regulation. Through these sessions, children build practical skills, feel proud of their achievements, and begin to see new possibilities for future learning and even potential career paths.



## Ambleside Artists

This Spring Term at Ambleside, the children have truly shone with their amazing efforts in art. They have amazed us with their creativity and flair, in their final pieces and throughout the creative process. Across all year groups, the children have experimented with a range of media and key techniques, producing truly spectacular work artwork!



Today in art we create our own self-portraits. We use a range of materials to create our self-portraits. We include...

 **Spring Term activities at Westbury Academy**

**Mothers Day**

The Nurture Class spent time creating a range of beautiful and thoughtful Mother's Day cards, each one carefully designed and decorated. They also enjoyed planting daffodils, taking care to prepare the soil and place each bulb.



**Year 5 Nottingham University**

Nottingham University students from the outreach team came to speak to our pupils about the research that they were doing surrounding genetics. This was all part of the festival of Science and Curiosity. Pupils got to extract DNA from a strawberry and looked under microscopes at lots of different objects. The pupils thoroughly enjoyed it.

**Years 10 and 11 Stonebridge City Farm**

Pupils in year 10 and 11 have been hands on at the farm. They have been working every Friday with the Stonebridge City Farm team. In readiness for the spring, pupils have been clearing land and laying down hardcore for the new shop that is being constructed.





## Spring Term activities at Westbury Academy

### Nottingham Forest - Rainbow Laces Campaign

Pupils from Westbury Academy visited Nottingham Forest's City Ground as part of their Rainbow Laces initiative earlier this term. They gained an insight into homophobia in football and its real-life impact. Through workshops and tutor-led discussions, pupils explored respect, inclusion, and the importance of allyship within the game. Organisers highlighted how discrimination can affect athletes' confidence, mental health, and participation.

Pupils shared reflections, pledging to challenge harmful language and support teammates. Alongside the workshop, pupils were given a tour of the City Ground, including the museum and media room.



### Nottingham Panthers

Pupils enjoyed an unforgettable visit to Nottingham Panthers, where they watched the team train up close. Pupils experienced the intensity of professional ice hockey. The visit included an engaging Q&A session, giving pupils the chance to learn directly from players about dedication and teamwork.

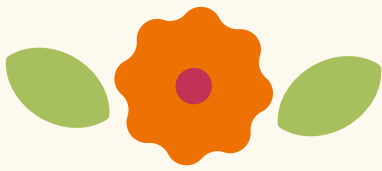
Pupils then took to the ice themselves, proudly showcasing their own skills. The experience boosted confidence, inspired ambition, and deepened their appreciation for the sport. Teachers noted a lasting impact, with pupils returning motivated, enthusiastic, and eager to pursue new challenges both on and off the ice.



### Stay and Play at Westbury Academy

Our first Stay and Play session of the term took place in our Wellbeing Pod at Westbury Academy. This welcoming and relaxed space is designed especially for parents and carers with younger children aged 5 and under. The session offers a lovely opportunity to spend quality time playing with your child in a calm, supportive environment, whilst also enjoying a cup of tea or coffee. It's a great way to unwind, connect with your child through play, and, if you wish, meet other parents/carers and build friendships within the school community. It also provides a chance to become more familiar with the school and the support we offer.





 **Spring Term at Lady Jane Grey Academy**

**Talent Show!**

Our Comic Relief Talent Show was a fantastic celebration of creativity and confidence.

After a week of lunchtime auditions, acts from Foundation to Year 6 were chosen. The show featured music, singing, dancing, sport, and even teachers bravely taking on Bush Tucker Trials! The final votes resulted in a three-way tie, with Maisie and Aidan in Year 5 and Eleanor in Year 3 crowned joint winners.



**Year 6 Residential**

Our Year 6 Pioneer week was an unforgettable experience for everyone involved. A huge thank you to Mrs Coxon, Mr Owen, Mrs Evans, Mrs Ward, Mr Green and Mr FitzGerald for giving their time and supporting the children away from their own families. The pupils built lasting friendships and stronger bonds, returning renewed and ready for their final term of Primary School after an amazing week together.

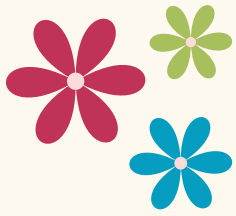
**Year 4 - Bosworth Battlefield**

They rounded it off with an exciting trip to Bosworth Battlefield, bringing their history learning to life. The class have also been making rapid progress in their times tables, with more pupils each week recalling facts in under four seconds. In Design and Technology, they have impressed everyone with their creativity while learning about hinges and designing their own boxes.



**Maths and Geography in Year 2**

The children have enjoyed writing adventures inspired by Paddington Bear and have been developing their multiplication and division skills in Maths. In Geography, they explored Kenya, and in History learned about Florence Nightingale's remarkable impact. They also loved a joyful afternoon of colour celebrating the festival of Holi.



## Pupil voice at Lady Jane Grey Academy

This term, our CEO visited Lady Jane Grey Academy to meet pupils from across the school, hear about their learning experiences, and discuss the impact of recent changes.

The children's confidence, thoughtfulness, and honesty stood out. Pupils spoke openly about how changes in teaching, learning, and the school experience made them feel more confident, supported, and excited. Mr Kelly was impressed by the depth of their reflections and the pride they felt in their school.

Children shared that clear modelling, practice opportunities, and targeted feedback helped them understand their progress and how to improve. Many said these methods gave them confidence to try, even when learning was challenging.

One pupil shared, "Teachers show us first and then let us try, it makes me feel confident to have a go."

Another explained, "The gold and green feedback tells me exactly how to make my work better."



Pupils highlighted Art and English, describing lessons as more structured, creative, and enjoyable. They valued practising skills step by step, using examples, and purposeful technology to capture ideas, practise skills, and review learning.

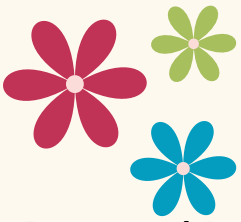
Just as powerfully, pupils expressed their appreciation for the adults in school. They recognised how hard teachers and support staff work, noting that staff make learning enjoyable and that they feel safe, listened to, and supported every day.

These conversations highlight the power of pupil voice at school. The children's insights demonstrate that staff dedication and new approaches are making a meaningful and positive impact on pupils' learning, confidence, and enjoyment of school.

Our CEO said, "Spending time listening to pupils at the Academy was genuinely inspiring. Their confidence, insight and enjoyment of learning speak volumes about the hard work and commitment of the staff. It's clear that the improvements being made are not only being felt by children but are making a real difference to how they learn, how they feel, and how proud they are of their school." Sean Kelly, CEO




Thank you to the pupils for sharing their voices and to the staff for their commitment and hard work.



## Denewood Academy – Learning beyond the classroom




 Denewood Academy started the new term with an exciting programme of curriculum enrichment designed to take learning beyond the classroom and into the real world.

One mixed group of KS2 and KS3 pupils spent the day in Newark, tackling two very different challenges that tested their independence, problem-solving, and teamwork.

The day began with the Charity Shop Challenge, where pupils worked in teams to source specific items at the lowest possible cost. Year 5 pupils took on a leadership role, confidently introducing their teams to shop managers, explaining the challenge, and sharing a little about our academy. This activity wasn't just about finding bargains—it developed budgeting, negotiation, and collaboration skills, while pupils navigated train travel and managed their time effectively.




 Next came a city-wide clue challenge, requiring pupils to plan their route, organise lunch, and keep to a schedule. Pupils reflected on how empowering it felt to take ownership of their day, demonstrating resilience and adaptability as they solved clues and made decisions independently.

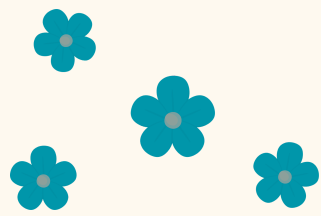


Another group headed to Lincoln, where they faced a race against time to solve puzzles across the city in just three hours. This activity demanded quick thinking, teamwork, and strategic planning, all while exploring Lincoln's rich history and landmarks. Pupils described the experience as “intense but exciting,” and many said it helped them build confidence in working under pressure.



 Closer to home, pupils also ventured into Nottingham for a food outlet review project. Here, they confidently introduced themselves to members of the public, conducted structured reviews, and presented their findings on camera—strengthening communication, professionalism, and presentation skills.

Across all these activities, pupils had opportunities to reflect on the Trust values – Confidence, Challenge, Curiosity, Character, and Creativity. They considered how these values shaped their approach to challenges—from showing confidence when speaking to shop managers, to embracing challenge during the clue hunt, demonstrating curiosity while exploring new cities, building character through resilience, and applying creativity to solve problems under pressure. This reflection reinforced the importance of personal growth alongside academic learning.



## Denewood Academy - Spring Term Enrichment!

### Ninja Experience

To celebrate World Book Day, pupils explored *Diary of a Ninja Kid* and then visited Ninja Warrior UK Adventure Park for an exciting, real-life experience. The visit helped bring the story to life, as pupils could imagine themselves training like a ninja, just like the main character. By taking on obstacle courses and challenges, they connected reading with physical activity, making the book more engaging and memorable. This experience encouraged a love of reading while building confidence.



### Wollaton Park Visit

Visiting Wollaton Park gave pupils a range of benefits. They observed wildlife and plants, learning about habitats and biodiversity, and explored Wollaton Hall, gaining insight into history and architecture. Walking around the park promoted physical activity and wellbeing, while group activities encouraged teamwork and communication.



### Nottingham Arboretum Visit

Arrows Class arrived at Nottingham Arboretum ready for their Enrichment Friday / Topic adventure. The group spent time closely observing different leaves, noticing their shapes, textures, and shades of green.

We followed the paths up to the Crimean War memorial, where we talked about the cannons that were used at the Battle of Sebastopol and surround the memorial.

A highlight of the visit was the aviary, where the class gathered to watch a range of birds. The pupils observed the birds, noticing the different colours, sizes, and behaviours, and sharing what they observed with one another.

The Enrichment day gave the Arrows Class a deeper appreciation for the natural world, having explored plants, trees, and birds up close in a calm setting.





## Woodlands Academy - Sycamore's Visits to Coca-Cola in Nottingham and Wakefield

As part of their careers education, pupils in Sycamore had the exciting opportunity to visit both the Coca Cola headquarters in Nottingham and the Coca Cola manufacturing site in Wakefield, gaining valuable insight into two very different sides of a major global business.

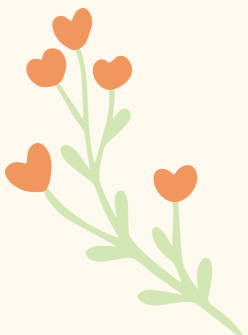
At the Nottingham office, pupils learned how Coca Cola manages its busy logistics operations, from organising deliveries to supporting customers and prioritising what matters most each day. The visit helped pupils understand how communication, organisation, and strategic decision making play a vital role in keeping a large company running smoothly.

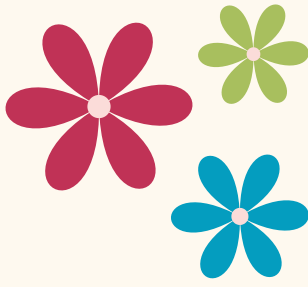
In Wakefield, pupils explored one of the largest soft drink factories in the world. They were able to see the full production process in action—watching how drinks are made on a massive scale, the quality control checks that keep products safe, and the advanced technology that powers modern manufacturing. This hands on experience helped pupils connect classroom learning with real life industrial practice, showing how teamwork, efficiency, and precision support successful production.

## Woodlands Academy Pupil Council Visit to IKEA

The Pupil Council visited IKEA as part of its project to improve the Life Skills Room, they explored the different showcase rooms with a particular emphasis on the kitchen, bedroom and living room spaces. Some councillors hadn't been to IKEA before and found it a really engaging experience.

There were so many well put together rooms, it really demonstrated what can be achieved with a bit of planning and how we have the opportunity with our Life Skills Room to create three distinct spaces. The pupil council have a budget of £500 which was raised from generous contributions from families at the Christmas Fair to make improvements to the Life Skills room and will work on this in the summer term.





### **Woodlands Academy Supported Insight Scheme**

Pupils took part in a four-week programme exploring inclusion, engineering, and workplace skills. They began by learning what makes a railway station accessible for all, including a visit to Derby Station and hands-on activities to understand inclusive design.

They then completed practical tasks at Atkins Réalis, such as litter picking and a car park audit, gaining experience of real workplace responsibilities. A visit to the HS2 site in Birmingham gave pupils an exciting look at large-scale engineering and modern construction in action. They even had time for a quick photo with Ozzy the Bull.

In week four, pupils mapped out their own designs for an inclusive future train station and continued supporting the site team with maintenance tasks, strengthening their understanding of real working environments. This project will continue into the Summer Term. The scheme was partially funded through a successful grant application the pupils made to Nottingham Education Trust and some money raised during the Christmas Fair.




### **Woodlands Academy attended the Nottingham Forest v Fulham match!**

A mixed group of pupils selected from the midday football club went to watch a Premier League football match as Forest played Fulham at the City Ground.

Impact: The group benefited from the social and culturally enriching experience of watching a game at one of Nottingham's leading sporting institutions and at an internationally famous sporting arena.



 **Unity Academy were proud to host the annual AP Football Tournament in Nottingham and what an incredible day it was!**

A total of nine teams took part this year, representing:

CAST, Crisp, Do Talk Write, FUEL, Glow Education, Nottingham Education & Nottingham Tutorial College, Take 1, Venture, and Westbury Academy.

Throughout the day we saw passion, commitment, teamwork, and most importantly, young people forming genuine relationships across provisions and schools from across the city. It's amazing to see pupils connecting, supporting one another, and building friendships that extend far beyond the pitch. This is what the event is truly about.

We were also delighted to welcome a record number of parents and families who came to cheer from the sidelines. Their energy and support helped create a brilliant atmosphere from the first whistle to the last.

A huge congratulations to every team for making the event so memorable. And of course, a special shout-out to our 2026 champions – CAST, who held their nerve and won the final on penalties! It got tense... and the trophy lift says it all!

This event wouldn't be possible without the incredible support of our network and partners.

A massive thank you to everyone involved, with special appreciation to:

The Pythian Club – for providing our referees

KW Builders – our event sponsor, whose generosity funded the prizes and a fantastic BBQ lunch for everyone

Thank you all for making this tournament such a powerful, positive experience for young people across the city. We are already looking forward to the next one!



## **Unity Academy SEND Project - International Postcard Show**

Pupils at the SEND Project took part in the prestigious International Postcard Show, showcasing their creativity on a global stage. Each pupil submitted a unique piece of postcard-sized artwork, joining hundreds of artists from around the world in this vibrant and diverse exhibition.

Their contributions stood out for their imagination, individuality, and artistic skill. The showcase not only allowed pupils to share their work internationally but also gave them the opportunity to see their art displayed alongside talented creators of all ages and backgrounds.

In an exciting and proud moment for the SEND Project, several pupils even had their artwork purchased by private buyers. This is an incredible achievement and a true testament to their hard work, dedication, and artistic talent. A huge well done to all the pupils involved! Your creativity continues to inspire, and this recognition is truly deserved.




## **Literacy across the AP Network**

Unity Academy has launched a new Literacy Network this term to support all providers in developing inclusive and engaging literacy practice. The first session focused on helping pupils access literature in different ways, recognising that many face barriers to reading. Colleagues explored approaches such as shared reading, graphic novels and audio books to broaden what “reading for pleasure” can look like.

Partners from Nottingham City Libraries and The National Literacy Trust highlighted the wide range of resources and citywide opportunities available, and a colleague from Woodlands Academy demonstrated how visuals, Widgit symbols and practical materials can help pupils with significant needs engage more confidently with literature.

This commitment to inclusive reading experiences was also reflected in how providers across the network celebrated World Book Day.



 **Raleigh Education Trust - Outward Bound  
Adventure for Ash Lea School**



Ash Lea School's first residential visit of the year started with their first ever Outward Bound Trust adventure at the glorious Ogwen Cottage.

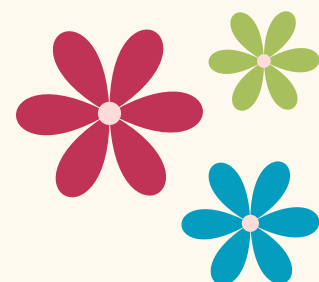
Pupils were expected to move out of their comfort zone into their challenge zone. We saw this every day. For some, being away from home for the first time ever was the biggest challenge.

The exceptional Outward Bound staff helped us all challenge ourselves (staff included). No one was left behind. Overcoming fears gave all our pupils a huge sense of achievement which we and their families are very proud of.

Full days of canoeing, climbing, gorge walking, scrambling, abseiling, lake swimming, fires, sea, rain, wind and sun have left everyone very tired, but desperate to come back for more!

This is a partnership we will continue with and any school for pupils with SEND should consider what OBT can offer. Our pupils exceeded the staff team's expectations.

As well as the Outward Bound team, thank you to our staff team for volunteering their days (and nights!) to make this possible, particularly Luke Johnson leading his first residential and to Timothy Astle and the Raleigh Education Trust for all your support.



## **World Book Day Across Raleigh Education Trust!**

Last week, schools across Raleigh Education Trust celebrated World Book Day with creativity, imagination and a shared love of reading.

At Ambleside Academy, the school embraced a cosy Bedtime Stories theme. Pupils and staff came to school in pyjamas, enjoyed shared reading with partner classes, sipped hot chocolate during story time, and took home a new book through the school-wide book swap.

At Lady Jane Grey Academy, pupils marked the day through shared reading activities, including opportunities for younger pupils to read with older pupils.


At Denewood Academy, each class brought a chosen text to life through creative door designs and hands-on activities, from baking chocolate brownies inspired by Charlie and the Chocolate Factory to an exciting visit to Ninja Warriors, linked to Diary of a Ninja Kid.

At Woodlands Academy, pupils enjoyed lively storytelling workshops, a reading-themed bake sale raising over £80 for Dolly Parton's Imagination Library, and a well-attended family reading coffee afternoon. The bake sale featured treats like Violet Beauregarde Blueberry Muffins, Room on the Broom Magic Stars, and Over the Rainbow Cookies. The 'Where's Wally?' theme brought fantastic energy to the school, with pupils and the Woodlands' team joining in the fun.

At Westbury Academy, pupils took part in a range of engaging activities, including a Cirque du Freak-inspired circus-skills workshop. Pupils also hosted a book stall at a local supermarket, visited by neighbouring schools. A governor visit took place during the celebrations, with feedback highlighting the vibrant reading culture, pupils' enthusiasm during reading activities, and the impressive book-themed door designs created across the school.

These celebrations reflect our Trust-wide commitment to fostering a love of reading and ensuring every pupil experiences the joy and power of books.





World Book Day Across Raleigh Education Trust!

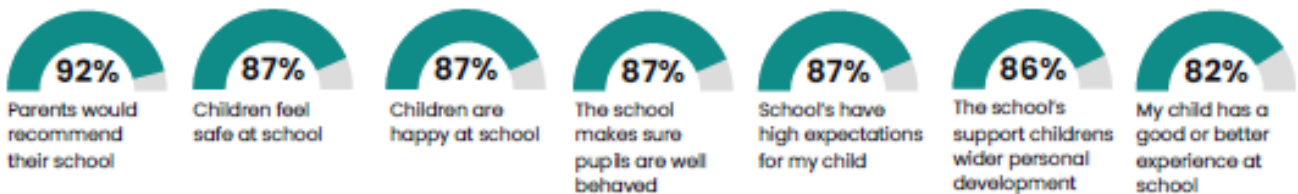




## 2025–26 – Raise Your Voice Stakeholder Feedback

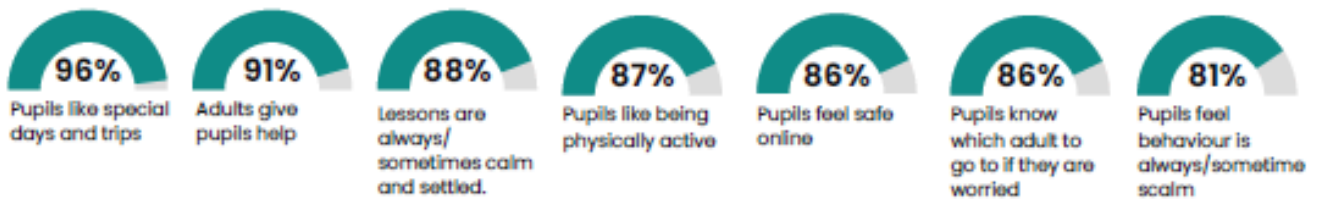
During the spring term we invited all parents/carers, pupils and colleagues to ‘Raise their Voice’ in our second annual Trust stakeholder survey. This year we had the highest number of responses, thank you to everyone who raised their voice. The responses below are from comments across the trust and not individual schools.

### Parent Survey – Key Highlights



Parents commended staff and leaders across the trust for the level of care and dedication they have to their children. Some parents commended their school for their communication, whilst some parents would like to see this improved further. Results also revealed that the Trust's provision for pupils with additional needs significantly outperforms national benchmarks. Parents would like their school to offer additional clubs and support with keeping their child safe online.

### Pupil Survey – Key Highlights



549 responses were received from pupils. They really enjoy being outside, food at lunchtime, going on trips, football, PE, DT, Drama, creative arts and cooking, which they would like more of. Pupils like playing with their friends and using iPads to get involved in their lessons. Pupils reported positive relationships with staff, in particular that they are kind, trusted and supportive. For some settings, particularly those with SEND or SEMH needs, pupils asked for more quiet spaces and sensory rooms.

### Colleague Survey – Key Highlights



174 responses were received from colleagues. They reported that relationships are positive and many commented on strong team work, especially in SEN settings. Workload is improving for some staff with 35% of colleagues feeling that their workload has improved in the last 12 months. 47% of colleagues feel leaders are committed to reducing their workload with 38% neither agreeing or disagreeing. 37% of colleagues reported that they use AI to support their workload and would like more training in this area. Colleagues would like more time to share planning, collaborative approaches, resources, reduced meetings and improved communication.


## British Science Week activities


In March we celebrated British Science week with a series of events hosted by Woodlands and Ambleside Academies. This is an annual event which has grown over the years from one day of activities exclusively for trust schools to a week-long celebration with numerous events and opportunities for children from across the city and county to attend. This provided an opportunity for collaboration and celebration as schools from across the trust and city/county came together to engage in SEND focussed STEM activities.



The Science week activities began with a visit to the Dino Dome – a large inflatable dome in the Sports Hall, which pupils entered and were transported back to the time of the dinosaurs. This was an immersive experience with a prehistoric landscape projected across the inside of the dome in 3D.

Pupils enjoyed learning about dinosaurs in this way:

 “I liked the dinosaurs because they roared” A, Woodlands.

 I liked the Dino Dome. I liked learning about dinosaurs”. G, Woodlands

This year we expanded the offer to include a science activity carousel aimed at pre-formal/semi-formal learners. These sessions were in response to feedback from previous years as some pre-formal learners were unable to access the main activities. Keeping this in mind we chose activities with a more sensory focus.

Around 60 pupils attended from Woodlands, Oakfield and Rosehill. Groups of up to 10 pupils from each school moved around a carousel of four 15-minute activities, which included making giant bubbles, exploring rainbow foam, giant see-saw weighing scales and remote-control cars.

Feedback was very positive, staff appreciated the efforts to put on some more accessible activities for pupils with more complex needs, the children all engaged well and enjoyed the activities.



The main event was the Science activity carousel. There were 6 exciting activities led by teachers from across the Trust and other local special schools. Over the course of two days approximately 200 pupils attended from Woodlands, Ambleside, Westbury, Denewood, Ash Lea, Oakfield and Nethergate.

There were six activities for pupils to work through: Giant bubbles, paper aeroplane launchers, sound, radio-controlled cars, giant see saw balances and Oobleck.



The children (and staff) thoroughly enjoyed themselves as highlighted by some comments from pupils at Woodlands and Ambleside:

✿ “I loved the balancing activity. We placed objects either side of a see saw to learn about weight and balancing. I learnt that just because an object is big, it doesn’t always mean it’s heavier than a small object. H, Ambleside.”

✿ “I liked walking and playing with cornflour, it was fun” N, Woodlands

✿ “My favourite part of the science trip was the quicksand activity. We were able to walk over the cornstarch mix. I loved it because it was both solid and liquid at the same time. J, Ambleside.”



## Promoting mental health through a whole school approach

Evidence consistently shows that the most effective way to improve mental health and emotional wellbeing in schools is through a whole school approach. This means every part of the school organisation works together with a shared commitment to promoting positive mental health.

This approach is the recommended framework from the Partnership for Wellbeing and Mental Health in Schools, and at Raleigh Education Trust we continue to fully commit to this vision. We are proud to be training all colleagues and offering training across the Nottingham Alternative Provision Network.

Currently, over 58% of our workforce is trained, and 45 colleagues from the AP network have completed the training.

Last month, a further 16 colleagues completed the training, with Alternative Provisions from Progression 2 Work, FAB Learning Interventions and CAST taking part.

A whole school approach ensures that schools work coherently to:

- Provide a strong foundation of universal, preventative work that promotes wellbeing and reduces the risk of problems developing.
- Develop a supportive school and classroom climate that fosters connection, purpose, emotional acceptance, respect, warm relationships, effective communication, and the celebration of difference.
- Start early with skills-based programmes, preventative work, early identification of difficulties, and targeted interventions – delivered consistently and sustained over the long term.
- Promote staff wellbeing and actively address staff stress levels.
- Understand risk factors to wellbeing and help pupils build resilience to overcome adversity.
- Raise staff awareness of mental health difficulties and the vital role schools play in early intervention.
- Base responses on a sound understanding of child and adolescent development.
- Support all pupils through predictable changes and transitions, while responding to emerging challenges, including those posed by technology.

By working together, investing in high-quality training, and embedding wellbeing into everyday practice, we are creating environments where both pupils and staff can truly thrive.




**Raleigh**  
EDUCATION TRUST  
Empowering through education

**MHFA England**  
MIND THE GAP

**Mental Health First Aid Training - Feedback in the past 12 months**

- "I have learned so much about to support someone with symptoms of poor mental health"
- "I have been able to ask the right questions and engage pupils in a honest discussion about their needs"
- "Encouraged me to think about my self-care"
- "I have gained confidence to approach staff and pupils about their behaviours to seek support"
- "I understand so much more about poor mental"
- "The course has taught me how to talk to people, when to give advice and how to respond"
- "I used the ALGEE technique, following the training to support someone having suicidal thoughts"